

SPIRITUAL GROWTH COURSE

INTIMACY CHECKLIST

The most important aspect of our spiritual growth is our intimacy with God. It determines everything else. That's why intimacy is the primary indicator that we use at Authentic Joy for locating ourselves in our Authentic Joy Journey.

This tool is designed to help you to assess your level of intimacy with God and thus determine which phase of the journey may contain resources most beneficial to your spiritual growth.

	Does this describe me?	Yes/ No	Phase
1	I have accepted Jesus as my personal Lord and saviour, but I cannot		Awakening
	hear God for myself. I use my judgment, experience and common		S
	sense most of the time. I rely on others such as my pastor/priest to		
	give me direction for important decisions.		
2	I cannot hear God for myself. I study the bible and apply the principles		
	and values that I learn to my life. I also receive insights from the		
	sermons at church or podcasts (or counsellors when needed) that		
	help me to discern God's will for my life.		
3	I struggle to get clear direction from God. I believe I can hear Him, but		
	I don't trust that it's not just my own thoughts. I often have to get a		
	scripture multiple times through various different avenues to be sure		
	that it is from God.		
4	I don't hear God's voice per se, but I know God is speaking to me		Processing
	when 'coincidences' happen such as the pastor preaching on a		
	situation that I faced this week. Or, if I see the same phrase in a book,		
	on TV and on a street sign in same week.		
5	Sometimes when listening to a sermon or reading the bible, a phrase		
	or word jumps out at me and burns in my heart in a way that I know in		
	my spirit that God is speaking to me personally.		
6	If I go to the bible for direction in my quiet time, I often feel that He		
	highlights a passage to me. Sometimes feel a sense of peace or		
	disturbance in my spirit that lets me know if I am on the right or		
	wrong path as I go about my business during the day.		
7	I often hear God clearly but sometimes I'm still not sure if it's just me.		
	Occasionally, I have strong experiences of His presence or direction		
	(maybe even through dreams or visions).		
8	I can get clear insight from God on any issue but mainly in my quiet		Joyful
	time with Him. I can hear Him through impressions in my spirit,		Partnership
	dreams, bible verses, thoughts in my mind or pictures in my mind. I		
	know the main way that He usually speaks to me, and I can sense the		
	peace or lack of peace of the Holy Spirit in my spirit.		
9	I can hear God clearly anywhere and anytime. I often experience His		
	presence.		
10	I experience the presence of God throughout the day. I am in		
	continual 2-way conversation with God throughout the day.		

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